

## A time chart for locating MP3 exercises

You can locate the lesson exercise on many MP3 players by using the time (00:00) counter and other selector functions. For example, Exercise 2.5 is in Lesson 2. Its full address is **2.5 @ B-3, 01:50**. Searching for "B" using the **song title** selector will locate B-1. (Lesson 2 has four sections: B-1, B-2, B-3, and B-4.) Pressing the **skip** button twice will move to section B-3. You can then **fast forward** to 01:50. Your actual time readings may vary slightly because of downloading, burning, and, MP3 player variations.

### Lesson 1      A-1,   A-2

**1.1 @ A-1, 00:00 / 1.2 @ A-1, 04:27 / 1.3 @ A-1, 07:54 / 1.4 @ A-1, 12:10 / 1.5 @ A-1, 12:56**

**1.6 @ A-2, 00:00 / 1.7 @ A-2, 05:05 / 1.8 @ A-2, 06:20 / 1.9 @ A-2, 07:20 / 1.10 @ A-2, 12:55**

### Lesson 2      B-1,   B-2,   B-3,   B-4

**2.1 @ B-1, 00:00 / 2.2 @ B-1, 06:20 / 2.3 @ B-2, 07:50 / 2.4 @ B-2, 09:00 / 2.5 @ B-3, 01:50**

**2.6 @ B-3, 06:10 / 2.7 @ B-4, 00:00 / 2.8 @ B-4, 04:35**

### Lesson 3      C-1,   C-2,   C-3,   C-4

**X 3.1 @ C-1, 00:00 / 3.2 @ C-1, 07:35 / 3.3 @ C-1, 11:30 / 3.4 @ C-2, 00:00 / 3.5 @ C-3, 07:35**

**3.6 @ C-3, 08:37 / 3.7 @ C-4, 08:50**

### Lesson 4      D-1

**4.1 @ D-1, 00:00**

### Lesson 5      E-1,   E-2,   E-3,   E-4

**5.1 @ E-1, 00:00 / 5.2 @ E-2, 00:00 / 5.3 @ E-2, 03:16 / 5.4 @ E-2, 05:27 / 5.5 @ E-2, 06:33**

**5.6 @ E-2, 09:07 / 5.7 @ E-3, 00:00 / 5.8 @ E-3, 03:20 / 5.9 @ E-3, 06:55 / 5.10 @ E-3, 08:45**

**5.11 @ E-3, 10:15 / 5.12 @ E-4, 00:00 / 5.13 @ E-4, 07:00**

### Lesson 6      F-1,   F-2,   F-3,   F-4

**6.1 @ F-1, 00:00 / 6.2 @ F-2, 00:00 / 6.3 @ F-2, 07:48 / 6.4 @ F-3, 03:24 / 6.5 @ F-3, 04:40**

**6.6 @ F-4, 03:40**

### Lesson 7      G-1,   G-2,   G-3,   G-4

**7.1 @ G-1, 00:00 / 7.2 @ G-1, 09:40 / 7.3 @ G-2, 03:40 / 7.4 @ G-2, 12:47 / 7.5 @ G-3, 00:00**

**7.6 @ G-4, 00:00 / 7.7 @ G-4, 01:11 / 7.8 @ G-4, 05:20**

### Lesson 8      H-1,   H-2,   H-3,   H-4

**8.1 @ H-1, 00:00 / 8.2 @ H-2, 00:00 / 8.3 @ H-2, 03:23 / 8.4 @ H-2, 09:45 / 8.5 @ H-3, 02:00**

**8.6 @ H-4, 04:05 / 8.7 @ H-4, 06:50 / 8.8 @ H-4, 08:06**

### Lesson 9      I-1,   I-2,   I-3,   I-4

**9.1 @ I-1, 00:00 / 9.2 @ I-2, 00:00 / 9.3 @ I-2, 08:43 / 9.4 @ I-3, 00:00 / 9.5 @ I-3, 02:35**

**9.6 @ I-3, 09:14 / 9.7 @ I-4, 04:10 / 9.8 @ I-4, 05:25 / 9.9 @ I-4, 08:57**

Lesson 10                    J-1, J-2, J-3,  
10.1 @ J-1, 00:00

Lesson 11                    K-1, K-2, K-3, K-4  
11.1 @ K-1, 00:00 / 11.2 @ K-2, 05:20 / 11.3 @ K-3, 00:00 / 11.4 @ K-3, 02:30 / 11.5 @ K-3, 05:35  
11.6 @ K-4, 02:05 / 11.7 @ K-4, 10:08 / 11.8 @ K-4, 11:20

Lesson 12                    L-1, L-2, L-3, L-4  
12.1 @ L-1, 00:00 / 12.2 @ L-2, 06:35 / 12.3 @ L-3, 03:05 / 12.4 @ L-3, 11:02 / 12.5 @ L-4, 02:04  
12.6 @ L-4, 10:00

Lesson 13                    M-1, M-2, M-3, M-4  
13.1 @ M-1, 00:00 / 13.2 @ M-2, 00:00 / 13.3 @ M-2, 06:44 / 13.4 @ M-2, 10:10 / 13.5 @ M-3, 08:25  
1.6 @ M-3, 11:15 / 13.7 @ M-4, 04:10 / 13.8 @ M-4, 11:00

Lesson 14                    N-1, N-2, N-3, N-4  
14.1 @ N-1, 00:00 / 14.2 @ N-1, 09:20 / 14.3 @ N-2, 04:50 / 14.4 @ N-2, 07:24 / 14.5 @ N-3, 00:00  
14.6 @ N-3, 02:40 / 14.7 @ N-4, 01:55 / 14.8 @ N-4, 06:20

Lesson 15                    O-1, O-2, O-3, O-4  
15.1 @ O-1, 00:00

Lesson 16                    P-1, P-2, P-3, P-4  
16.1 @ P-1, 00:00 / 16.2 @ P-1, 11:45 / 16.3 @ P-2, 00:50 / 16.4 @ P-2, 08:17 / 16.5 @ P-3, 03:35  
16.6 @ P-3, 09:30 / 16.7 @ P-4, 07:15